



# Adult Development Programs March 2010

## Adult Development Program

New to tennis or starting back? The Adult Development Program is especially designed to introduce new players to the game and begin basic tennis strokes. Enjoy group lessons with our certified pros. Sessions are 3 weeks in length.

Tuesday & Thursday	March 8-25	6:30—8:00 p.m.	\$80	546556
Tuesday & Thursday	March 8-25	10:30—12 p.m.	\$80	546557

<b>Cardio Tennis Clinic</b>	Sat & Sun	8:00—9:00 a.m.	\$10
	Wed	7:00-8:00 p.m.	\$10

Intense drill session designed to keep you moving at all times. Drills are kept to 1-2 hits max with the emphasis on movement. Not for the faint of heart!

<b>Stroke of the Day</b>	Mon—Sun	9:00—10:30 a.m.	\$15
	Tues & Thur	6:00—7:30 p.m.	\$15

90 minutes of intense live ball drills, match play, games, singles & doubles. For intermediate to advanced players.

<b>Advanced Clinic (NTRP 4.0+)</b>	Mon	10:30-12 p.m.	\$15
	Mon	6:00—7:30 p.m.	\$15
	Tues	10:30—12:00 p.m.	\$15
	Wed	10:30—12:00 p.m.	\$15

Live ball drills created to emphasize different areas of the court (baseline, transition, net play, etc). A high level of stroke production and tactical knowledge is required.



**Darling Tennis Center**  
7901 W. Washington Avenue  
Las Vegas, NV 89128  
(702) 229-2100  
[www.darlingtenniscenter.net](http://www.darlingtenniscenter.net)

